# Aldbourne COVID-19 Help — Updated November 2020

The group working to coordinate village responses to the current crisis are still here and available to offer support as needed. The group includes:

Alison Edmonds, Parish Council © 07932 008116

Joanna Hobart, Community Contacts © 07774 577736

Deletta Heasman, Meals-on-Wheels/LINK 07709 235361

Tessa, Aldbourne Post Office © 540255

Carey Wallin, Lunch Club © 07799 110801

# If you need help at this time, please contact Joanna on

☐ 07774 577736 or ☐ 540418 or hobartjc@btinternet.com

#### **HELP OFFERED INCLUDES:**

- Food and other deliveries/collections such as prescriptions
- Friendly phone call to check you're ok
- Dog walking
- .... and you can try us on other things too!

#### **VOLUNTEERS:**

If you would like to be added to, or subtracted from, the list of those who offered help in March/April, please contact Joanna (see above). We try to match people to minimise travel.

## **SHOP LOCAL:**

The Crown and PO Café are offering take away services. The Co-op has daily chilled deliveries. The PO Stores take daily orders for bread, fresh fruit and veg boxes from Fisher of Newbury, and meat from Sumblers in Marlborough.

## **KEEP YOUR DISTANCE:**

Even with changes as to how many people can meet we should remain 2 metres (6ft 6 in) apart at all times. This includes on our own property if we are meeting the allowed number of people from outside your household.

#### **STAY AT HOME:**

Only go out for essential purposes, which includes exercise.

## IF SELF ISOLATING AND LIVING WITH SOMEONE:

Make sure you follow the NHS advice you have been given.

By working together and keeping each other safe, we will become a better and stronger community. Let's do this!